



North Port Meals on Wheels Menu - January 2026

For questions, service updates, or if your meal doesn't arrive by 12
call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Stuffed Chicken Breast Scalloped Potatoes Peas & Carrots mixed Mixed fruit	2 Teriyaki Chicken White Rice Green Beans Dessert	3 Chicken Tenders Roasted Potatoes Mixed Vegetables Banana, Salad
4	5 Chicken Parmesan Pasta w/ Sauce Broccoli Peaches, Salad	6 Ham & Egg Bake Biscuit Hot Apples Yogurt	7 Chicken Alfredo w/Pasta Peas, Carrots Pears, Salad	8 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	9 Beef Stroganoff & Noodles Broccoli, Corn Dessert	10 Stuffed Peppers & Rice Mixed Vegetables Banana, Salad
11	12 Swedish Meatballs & Noodles Peas, Carrots Pears, Salad	13 Chicken Salad Tomato Wedges Bean Salad Mand Oranges	14 Ham & Raisin Gravy Scalloped Potatoes Mixed Vegetables Peaches, Salad	15 Lasagna Broccoli Roll Mixed Fruit	16 Chicken Lemon Piccata White Rice Green Beans Dessert	17 Hamburger w/bun Potato Salad Tom/Pickles Banana, Salad
18	19 Sloppy Joes w/Bun Roasted Potatoes Mixed Vegetables Peaches, Salad	20 Meatloaf Mashed Potatoes Peas & Carrots Mixed Pears	21 Turkey w/Stuffing Sweet Potatoes Broccoli Mand Oranges, Salad	22 Meatballs Pasta w/Sauce Green Beans Mixed Fruit	23 Ham & Scalloped Potatoes Peas, Corn Dessert	24 Chicken Sandwich Sweet Potato Fries Tom/Pickle Banana, Salad
25	26 Country Fried Chicken Mashed Potatoes Broccoli Mand Oranges, Salad	27 Smoked Sausage Peppers & Onions Rice, Mixed Vegies Peaches	28 BBQ Chicken Scalloped Potatoes Peas & Carrots mixed Pears, Salad	29 Manicotti w/Meat Sauce Roll Green Beans Mixed Fruit	30 Chicken Fajita Casserole Mexicorn Corn Muffin, Dessert	31 Pork Fritters Mashed Potatoes Mixed Vegetables Banana, Salad

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
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