



North Port Meals on Wheels Menu - May 2024

For questions, service updates, or if your meal doesn't arrive by 12
call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 29 Swedish Meatballs (Beef) Noodles Peas Carrots, Pears, Salad	April 30 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	May 1 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	2 Lasagna Broc/Cauli Mix Garlic Bread Mixed Fruit	3 Ham w/Raisin Gravy Sweet Potatoes Corn Dessert	4 Hamburger on Bun Tomato/Pickle Hash Browns Banana, Salad
5	6 Chicken Parmesan Peas Dinner Roll Applesauce, Salad	7 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	8 Turkey w/Gravy & Stufg Sweet Potatoes Green Beans Pears, Salad	9 Stuffed Chicken Breast Scalloped Potatoes Carrots Mixed Fruit	10 Beef Stroganoff w/Mushroom Gravy Peas Corn, Dessert	11 Stuffed Peppers Rice Mixed Vegetables Banana, Salad
12	13 Country Fried Chicken Carrots, Peaches Peas Salad	14 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	15 Chicken Alfredo w/Pasta Broccoli Cauliflower Pears, Salad	16 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	17 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	18 Pork Fritter w/ gravy Roasted Potatoes Mixed Vegetables Banana, Salad
19	20 Macaroni-Beef Bake Dinner Roll Peas, Mand Oranges Salad	21 Chicken Pot Pie Hot Apples Buttered Beets Peaches	22 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	23 Beef Meatballs Pasta w/Tomato Sauce Green Beans Mixed Fruit	24 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	25 Chicken Tenders Roasted Potatoes Mixed Vegetables Banana, Salad
26	27 Sloppy Joes Corn, Mand Oranges Peas Salad	28 Meatloaf Mashed Potatoes Broccoli Pears	29 Ham & Scldpd Potatoes Carrots Green Beans Applesauce, Salad	30 Manicotti w/Meat Sauce Garlic Bread Vegetable Blend Mixed Fruit	31 Chicken Piccata w/Mushrooms Rice, Corn Dessert	June 1 Chicken Sandwich Sweet Potatoes Tomato/Pickle Banana, Salad

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://npmow.org/menu>

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