



North Port Meals on Wheels Menu - December 2024

For questions, service updates, or if your meal doesn't arrive by 12

call 941-876-9191



United Way
of South Sarasota County

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 Chicken Parmesan Dinner Roll Green Beans Applesauce	3 Ham, egg,cheese breakfast bake Hot Apples & Yogurt Biscuit	4 Chicken Alfredo Broccoli Carrots Pears	5 Stuffed Chicken Breast Mashed Potatoes Corn Mixed Fruit	6 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	7 Chicken Tenders Tater tots Mixed Vegetables Banana, Salad	Call before noon the prior business day to cancel your meal or you will be charged No substitutions
8	9 Macaroni-Beef Bake Dinner Roll Carrots Applesauce, Salad	10 Meatloaf Roasted Potatoes Broccoli Pears	11 Sloppy Joes & Bun Peas Cauliflower Mand. oranges, Salad	12 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	13 Chicken Piccata w/Mushrooms Rice, Peas Dessert	14 Chicken Sandwich Tater Tots Tomato/Pickle Banana, Salad	
15	16 Swedish Meatballs & Noodles Peas Carrots, Pears, Salad	17 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	18 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	19 Lasagna Broc/Cauli Mix Roll Mixed Fruit	20 Country Fried Chicken Sweet Potatoes Peas, Dessert	21 Pork Fritter w/ gravy Mashed Potatoes Mixed Vegetables Banana, Salad	
22	23 Chicken Parmesan Peas Carrots Applesauce, Salad	24 Salisbury Steak Peas Corn and mixed fruit	25 Ham w/Raisin Gravy Scalloped potatoes Green Beans & Roll Dessert	26 Beef Meatballs Pasta w/Tomato Sauce Mixed Vegetables Mixed Fruit	27 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	28 Hamburger on Bun Tomato/Pickle Tater Tots Banana, Salad	
29	30 Manicotti w/Meat Sauce Roll Veg Blend Mixed Fruit	31 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	January 1 Stuffed Chicken Breast Scalloped Potatoes Broccoli Mixed Fruit	2 Turkey w/Gravy & Stufg Sweet Potatoes Peas Pears	3 Beef Stroganoff w/Mushroom Gravy Green Beans Corn, Dessert	4 Stuffed Peppers Rice Mixed Vegetables Banana, Salad	
31	NEW MENU FOR THE MONTH OF DECEMBER 2024	SORRY FOR ANY INCONVENIENCE. WE HAVE NEW PEOPLE PROCESSING THE MENU, PLEASE BE PATIENT WITH US.	THANK YOU! HAVE AN AWESOME DAY, WEEK, AND MONTH.				

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://npmow.org/menu> Photos by Unknown Author licensed under CC BY-SA-NC, CC BY-ND, CC BY-SA