



North Port Meals on Wheels Menu - March 2026







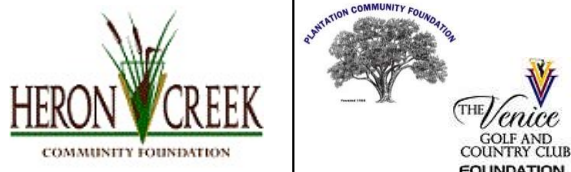
For questions, service updates, or if your meal

doesn't arrive by 12 call 941-876-9191

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions



United Way
of South Sarasota County

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Country Fried Chicken Mashed Potatoes Italian Blend Veggies Mand Oranges, Salad	3 Smoked Sausage w/Pepper & Onions Rice, 5 Blend Veggies Pears	4 Turkey w/Gravy, Stuffing Sweet Potatoes Cali Blend Veggies Fruit, Salad	5 Salisbury Steak Mashed Potatoes Capri Blend Veggies Mixed Fruit	6 Beef Stroganoff w/Noodles Peas, Corn Dessert	7 Chicken Sandwich Potato Salad Tomato/Pickle Banana, Salad
8	9  Chicken & Dumplings Carrots Green Beans Pears, Salad	10 Ham & Egg Bkfst Bake Roasted Potatoes Hot Apples Yogurt	11 Shepherds Pie Broccoli Corn Fruit, Salad	12 Manicotti w/Meat Sauce, Roll Italian Blend Veggies Mixed Fruit	13 Ham & Scalloped Potatoes Peas, Carrots Dessert	14 Stuffed Peppers Rice 5 Blend Veggies Banana, Salad
15	16 Chicken Parmesan w/Pasta & Sauce Italian Blend Veggies Pears, Salad	17 - St Patty's Day Corned Beef and Cabbage Potatoes, Carrots Cornbread Peaches 	18 Roasted Pork Loin Sweet Potatoes Asian Blend Veggies Fruit, Salad	19 Lasagna Dinner Roll Cali Blend Veggies Mixed Fruit	20 Chicken Lemon Piccata w/Mushrooms Rice, Capri Blend Dessert 	21 Meatball Sub Tater Tots Baked Beans Banana, Salad
22	23 Macaroni-Beef Bake Dinner Roll Italian Blend Veggies Manderin Oranges	24 Chicken Pot Pie Hot Apples Buttered Beets Pears	25 Chicken Alfredo w/Pasta Broccoli, Carrots Fruit, Salad	26 Chili Con Carne Corn Bread Green Beans Mixed Fruit	27 Chicken Teriyaki White Rice Asian Blend Veggies Dessert	28 Chicken Tenders Roasted Potatoes Tomato/Pickle Banana, Salad
29	30 Swedish Meatballs w/Noodles Green Beans, Corn Peaches, Salad	31 Chicken Salad Potato Salad Tomato Wedges Pears	1 BBQ Chicken Scalloped Potatoes 5 Blend Veggies Fruit, Salad	2 Stuffed Chicken Breast Scalloped Potatoes Cali Blend Veggies Mixed Fruit	3 Baked Beans & Franks Dinner Roll Corn Dessert	
						

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://npmow.org/menu> Photos by Unknown Author licensed under CC BY-SA-NC, CC BY-ND, CC BY-SA