



North Port Meals on Wheels Menu - June 2025

For questions, service updates, or if your meal doesn't arrive by 12
call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Swedish Meatballs & Noodles Peas , Carrots Pears, Salad	3 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	4 BBQ Chicken Breast Scalloped Potatoes 5 Vege Blend Peaches Salad	5 Lasagna Broccoli Roll Mixed Fruit	6 Ham w/Raisin Gravy Sweet Potatoes Mixed Veges Dessert	7 Hamburger on Bun Tomato/Pickle Sweet Potato Fries Banana, Salad
8	9 Chicken Parmesan & Pasta Italian Blend Dinner Roll Applesauce, Salad	10 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	11 Turkey w/Gravy & Stufg Sweet Potatoes Green Beans Pears, Salad	12 Stuffed Chicken Breast Scalloped Potatoes Carrots Mixed Fruit	13 Beef Stroganoff w/Mushroom Gravy Peas Corn, Dessert	14 Stuffed Peppers Rice Mixed Vegetables Banana, Salad
15	16 Country Fried Chicken Mashed Potatoes Broccoli, Peaches Salad	17 Smoked Sausage with Peppers/Onions Rice, 5 Vege Blend Mandarin Oranges	18 Chicken Alfredo w/Pasta Broccoli Carrots Pears, Salad	19 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	20 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	21 Pork Fritter w/ gravy Mashed Potatoes Mixed Vegetables Banana, Salad
22	23 Macaroni-Beef Bake Dinner Roll Peas, Mand Oranges Salad	24 Chicken Pot Pie Hot Apples Buttered Beets Peaches	25 Roasted Pork Loin Sweet Potatoes Broccoli Applesauce, Salad	26 Manicotti w/Meat Sauce Green Beans Roll Mixed Fruit	27 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	28 Chicken Tenders Roasted Potatoes Mixed Vegetables Banana, Salad
29	30 Sloppy Joes 5 Vege Blend, Tater Tots Mandarin Oranges Salad	July 1 Meatloaf Mashed Potatoes Broccoli Pears	2 Ham & Scldpd Potatoes Carrots Green Beans Peaches, Salad	3 Beef Meatballs Sub Roll Baked Beans, Salad Mixed Fruit	4 Independence Day Chicken Piccata w/Mushrooms Rice, Peas Dessert	5 Chicken Sandwich Sweet Potatoes Fries Tomato/Pickle Banana, Salad

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
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