



# North Port Meals on Wheels Menu - February 2026

**For questions, service updates, or if your meal  
doesn't arrive by 12 call 941-876-9191**

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions



United Way  
of South Sarasota County

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Macaroni-Beef Bake Dinner Roll Peas, Mand Oranges Salad 	3 Chicken Pot Pie Hot Apples Buttered Beets Peaches	4 Roasted Pork Loin Sweet Potatoes Mixed Vegetables Fruit, Salad	5 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	6 Chicken Teriyaki White Rice Broccoli Dessert	7 Chicken Tenders Tater Tots Peas & Carrots Banana, Salad
8 	9 Chicken Parmesan Pasta w/Sauce Mixed Veggies Pears, Salad	10 Ham & Egg Bake Biscuit Hot Apples Yogurt	11 Chicken Alfredo w/Pasta Peas, Carrots Fruit, Salad	12 Lasagna Dinner Roll Broccoli Mixed Fruit	13 Chicken Lemon Piccata w/Mushrooms Rice, Green Beans Dessert	14 - Valentine's Day Stuffed Peppers White Rice Mixed Vegetables Banana, Salad 
15	16 - President's Day Swedish Meatballs & Noodles Peas, Carrots Peaches, Salad 	17 Chicken Salad Tomato Wedges Bean Salad Mandarin Oranges	18 BBQ Chicken Roasted Potatoes Mixed Vegetables Fruit, Salad	19 Stuffed Chicken Breast Mashed Potatoes Broccoli Mixed Fruit	20 Ham & Scalloped Potatoes Green Beans, Corn Dessert	21 Hamburger w/Bun Sweet Potatoes Fries Tomato/Pickles Banana, Salad
22	23 Sloppy Joes w/Bun Roasted Potatoes Mixed Veggies Pears, Salad	24 Meatloaf w/Gravy Mashed Potatoes Broccoli Peaches	25 Ham & Raisin Gravy Scalloped Potatoes Peas & Carrots Fruit, Salad	26 Meatballs in Sauce w/Pasta, Dinner Roll Green Beans Mixed Fruit	27 Chicken Fajita Casserole Mexicorn Corn Muffin, Dessert	28 Pork Fritters Roasted Potatoes Mixed Veggies Banana, Salad
	 		  			 

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available  
menu also available on our website: <http://npmow.org/menu> Photos by Unknown Author licensed under CC BY-SA-NC, CC BY-ND, CC BY-SA