



North Port Meals on Wheels Menu - December 2023

For questions, service updates, or if your meal doesn't arrive by 12

call 941-876-9191



United Way
of South Sarasota County

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	November 27 Sloppy Joes Corn Peas Mand Oranges, Salad	28 Chicken Pot Pie Hot Apples Buttered Beets Peaches	29 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	30 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	December 1 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	2 Chicken Tenders Tater tots Mixed Vegetables Banana, Salad	Call before noon the prior business day to cancel your meal or you will be charged No substitutions
3	4 Macaroni-Beef Bake Dinner Roll Carrots Applesauce, Salad	5 Meatloaf Roasted Potatoes Broccoli Pears	6 Ham & Scldpd Potatoes Corn, Grn Beans Applesauce, Salad	7 Manicotti w/Meat Sauce Garlic Bread Veg Blend Mixed Fruit	8 Chicken Piccata w/Mushrooms Rice, Peas Dessert	9 Chicken Sandwich Tater Tots Tomato/Pickle Banana, Salad	Louis S. Gloria Panger PHILANTHROPIC TRUST
10	11 Swedish Meatballs (Beef) Noodles Peas Carrots, Pears, Salad	12 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	13 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	14 Lasagna Broc/Cauli Mix Garlic Bread Mixed Fruit	15 Country Fried Chicken Sweet Potatoes Carrots, Dessert	16 Pork Fritter w/ gravy Mashed Potatoes Mixed Vegetables Banana, Salad	HERON CREEK COMMUNITY FOUNDATION
17	18 Chicken Parmesan Peas Carrots Applesauce, Salad	19 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	20 Chicken Alfredo w/Pasta Broccoli Cauliflower Pears, Salad	21 Beef Meatballs Pasta w/Tomato Sauce Mixed Vegetables Mixed Fruit	22 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	23 Hamburger on Bun Tomato/Pickle Tater Tots Banana, Salad	Publix.
24	25 Ham w/Raisin Gravy Mashed Potatoes Green Beans Dessert	26 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	27 Stuffed Chicken Breast Scalloped Potatoes Broccoli Mixed Fruit	28 Turkey w/Gravy & Stufg Sweet Potatoes Carrots Pears	29 Beef Stroganoff w/Mushroom Gravy Peas Corn, Dessert	30 Stuffed Peppers Rice Mixed Vegetables Banana, Salad	THE Venice GOLF AND COUNTRY CLUB FOUNDATION
31	January 1 Sloppy Joes Corn Peas Mandarin Oranges, Salad	2 Chicken Pot Pie Hot Apples Buttered Beets Peaches	3 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	4 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	5 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	6 Chicken Tenders Tater tots Mixed Vegetables Banana, Salad	PLANTATION COMMUNITY FOUNDATION

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available

menu also available on our website: <http://npmow.org/menu>

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