



North Port Meals on Wheels Menu - May 2026

For questions, service updates, or if your meal

doesn't arrive by 12 call 941-876-9191

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions



United Way
of South Sarasota County

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| | | | | | 1 Chicken Piccata w/lemon & Mushrooms Rice, Capri Vegetables Dessert | 2 Meatball Sub Roasted Potatoes Corn w/Tomatoes Banana, Salad |
| 3 | 4 Macaroni Beef Bake California Vegetables Dinner Roll Peaches, Salad | 5 Chicken Fajita Casserole, Mexicorn Corn Muffin Mandarin Oranges | 6 Ham & Raisin Gravy Scalloped Potatoes Broccoli Applesauce, Salad | 7 Meatballs & Pasta in Tomato Sauce Asian Vegetables Mixed Fruit | 8 Baked Beans & Franks Roasted Potatoes Dinner Roll Dessert | 9 Chicken Sandwich Tater Tots Tomato & Pickle Banana, Salad |
| 10 | 11 Swedish Meatballs w/Pasta Green Beans, Corn Pears, Salad | 12 Sausage & Peppers Rice 4 Blend Vegetables Peaches | 13 BBQ Chicken Scalloped Potatoes Capri Vegetables Mand Oranges, Salad. | 14 Salisbury Steak Mashed Potatoes California Vegetables Mixed Fruit | 15 Chicken Teriyaki w/Rice Asian Vegetables Dessert | 16 Pork Fritter Mashed Potatoes 5 Vegetable Blend Banana, Salad |
| 17 | 18 Sloppy Joes w/Bun Roasted Potatoes Corn Blend Mand Oranges, Salad | 19 Meatloaf w/Mushrooms Mashed Potatoes Green Beans Pears | 20 Chicken Alfredo w/Pasta Carrots, Green Beans Peaches, Salad | 21 Stuffed Chicken Breast Scalloped Potatoes Capri Vegetables Mixed Fruit | 22 Beef Stroganoff w/Noodles Peas, Corn Dessert | 23 Hamburger w/Bun Tater Tots Tomato & Pickles Banana, Salad |
| 24 | 25 Country Fried Chicken Mashed Potatoes Asian Veges Pears, Sala | 26 Ham and Egg Bake Biscuit Hot Apples Yogurt | 27 Turkey w/Gravy, Stuffing Sweet Potatoes Broccoli Fruit, Salad | 28 Manicotti w/Meat sauce Dinner Roll Italian Vegetables Mixed Fruit | 29 Ham & Scalloped Potatoes Peas, Carrots Dessert | 30 Chicken Tenders Roasted Potatoes 5 Blend Vegetables Banana, Salad |
| 31 | | | | | | |

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available

menu also available on our website: <http://npmow.org/menu>

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