



North Port Meals on Wheels Menu - April 2024

For questions, service updates, or if your meal doesn't arrive by 12
call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 1 Chicken Parmesan Peas Dinner Roll Applesauce, Salad	2 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	3 Turkey w/Gravy & Stufg Sweet Potatoes Green Beans Pears, Salad	4 Stuffed Chicken Breast Scalloped Potatoes Carrots Mixed Fruit	5 Beef Stroganoff w/Mushroom Gravy Peas Corn, Dessert	6 Stuffed Peppers Rice Mixed Vegetables Banana, Salad
7	8 Country Fried Chicken Carrots, Peaches Peas Salad	9 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	10 Chicken Alfredo w/Pasta Broccoli Cauliflower Pears, Salad	11 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	12 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	13 Pork Fritter w/ gravy Roasted Potatoes Mixed Vegetables Banana, Salad
14	15 Macaroni-Beef Bake Dinner Roll Peas, Mand Oranges Salad	16 Chicken Pot Pie Hot Apples Buttered Beets Peaches	17 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	18 Beef Meatballs Pasta w/Tomato Sauce Green Beans Mixed Fruit	19 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	20 Chicken Tenders Roasted Potatoes Mixed Vegetables Banana, Salad
21	22 Sloppy Joes Corn, Mand Oranges Peas Salad	23 Meatloaf Mashed Potatoes Broccoli Pears	24 Ham & Scldpd Potatoes Carrots Green Beans Applesauce, Salad	25 Manicotti w/Meat Sauce Garlic Bread Vegetable Blend Mixed Fruit	26 Chicken Piccata w/Mushrooms Rice, Corn Dessert	27 Chicken Sandwich Sweet Potatoes Tomato/Pickle Banana, Salad
28	29 Swedish Meatballs (Beef) Noodles Peas Carrots, Pears, Salad	30 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	May 1 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	2 Lasagna Broc/Cauli Mix Garlic Bread Mixed Fruit	3 Ham w/Raisin Gravy Sweet Potatoes Corn Dessert	4 Hamburger on Bun Tomato/Pickle Hash Browns Banana, Salad

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://npmow.org/menu>

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