



North Port Meals on Wheels Menu - June 2026

For questions, service updates, or if your meal doesn't arrive by 12 call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Macaroni Beef Bake Green Beans Carrots Pears, Salad	2 Chicken Salad Bean Salad Tomato Wedges Yogurt	3 Shepherd's Pie Broccoli, Corn Mandarin Oranges Salad	4 Lasagna Capri Vegetables Dinner Roll Mixed Fruit	5 Chicken Fajita Casserole, Mexicorn Corn Muffin Dessert	6 Stuffed Peppers w/Rice 5 Vegetable Blend Banana, Salad
7	8 Chicken & Dumplings Peas, Corn Peaches, Salad	9 Ham & Cabbage Casserole Hot Apples Cornbread, Pears	10 Roasted Pork Loin Sweet Potatoes California Vegetables Applesauce, Salad	11 Salisbury Steak Mashed Potatoes Broccoli Mixed Fruit	12 Chicken Piccata w/Lemon & Mushrooms Rice, Green Beans Dessert	13 Meatball Sub Tater Tots Corn w/Tomatoes Banana, Salad
14	15 Swedish Meatballs w/Pasta Green Beans, Corn Pears, Salad	16 Chicken Pot Pie Buttered Beets Hot Apples, Peaches	17 Ham & Raisin Gravy Mashed Potatoes Peas & Carrots Fruit, Salad	18 Meatballs and Pasta w/Tomato Sauce 4 Vegetable Blend Mixed Fruit	19 Baked Beans & Franks Roasted Potatoes Dinner Roll Desserts	20 Chicken Sandwich Tater Tots Tomato & Pickles Banana, Salad
21	22 Chicken Parmesan w/Pasta California Vegetables Pears, Salad	23 Smoked Sausage w/Peppers & Onions Rice, Capri Vegetables Mandarin Oranges	24 BBQ Chicken Scalloped Potatoes Broccoli Peaches, Salad	25 Chili Con Carne Peas & Carrots Cornbread Mixed Fruit	26 Chicken Teriyaki w/Rice 5 Vegetable Blend Desserts	27 Pork Fritters Mashed Potatoes Green Beans Banana, Salad
28	29 Sloppy Joes Roasted Potatoes Capri Vegetables Salad, Pears	30 Meatloaf w/Mushrooms Mashed Potatoes 4 Vegetable Blend Peaches				

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://npmow.org/menu>

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